

Aldryngton Primary School

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Headteacher: Mark Wieder

Date: 27/01/21

Dear Parent/ Carer,

We are writing to inform you that the school has recent COVID-19 cases in all year groups, but has met the threshold stipulated in the Contingency Framework in Upper School

The setting remains open, and your child should continue to attend as normal if they remain well. All students and staff, regardless of year group, should remain vigilant regarding COVID-19. All parents are advised to continue with the routine twice weekly asymptomatic LFD COVID-19 testing of those aged 11 and above in the household.

What to do if your child develops symptoms of coronavirus (COVID-19) or tests positive for COVID-19

The main symptoms of coronavirus (COVID-19) are a new, continuous cough, or a high temperature, or a loss of, or change in, their normal sense of taste or smell (anosmia).

If your child develops symptoms of coronavirus (COVID-19), they should get a PCR test via [Get a free PCR test to check if you have coronavirus \(COVID-19\) - GOV.UK \(www.gov.uk\)](https://www.gov.uk/get-a-free-pcr-test-to-check-if-you-have-coronavirus-covid-19) or by calling 119 and remain at home at least until the result is known. If the test is positive, follow the self-isolation guidance from NHS Test and Trace and inform the school of the result.

More information on symptoms is available: <https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/>. If you are concerned about your child's symptoms, or they are worsening you can seek advice from NHS 111 at <https://111.nhs.uk/> or by phoning 111.

If your child has a positive LFD test please report this test at <https://www.gov.uk/log-test-site-covid19-results>. They should isolate and follow the guidance [COVID-19: guidance for households with possible coronavirus infection - GOV.UK \(www.gov.uk\)](https://www.gov.uk/covid-19-guidance-for-households-with-possible-coronavirus-infection). A confirmatory PCR test is not required.

How to stop coronavirus (COVID-19) spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with coronavirus (COVID-19): [guidance on how to stay safe and help prevent the spread:](#)

- Get vaccinated - everyone aged 12 and over are eligible - see [Coronavirus \(COVID-19\) vaccination - NHS \(www.nhs.uk\)](#) for more details and how to book.
- Wash your hands with soap and water or use hand sanitiser regularly throughout the day
- Cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze and put used tissues in the bin immediately and wash your hands afterwards
- Meet people outside and avoid crowded areas
- Open doors and windows to let in fresh air if meeting people inside



- Wear a face covering when it's hard to stay away from other people - particularly indoors or in crowded places
- Participate in twice weekly LFD testing following national guidelines (recommended for 11 years and over). We encourage you to log your results here: <https://www.gov.uk/log-test-site-covid19-results>

Yours Sincerely,

A handwritten signature in black ink, appearing to read 'Mark Wieder', with a stylized flourish at the end.

Mark Wieder
Headteacher